ACTIVITY REPORT April 2021 to March 2022



EbMCsquared CIC









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EBMCSQUARED MISSION



EbMCsquared CIC

- Improve access to independent, evidence-based information and learning to empower people to take control of their own health.
- Innovate new ways of improving individual and collective health.
- Focus research and develop the utility of re-purposed and plant-based medicines.
- Hold policymakers to account on matters of public health and safety.
- Foster collaboration between science and art.









THANK YOU!

THANK YOU FOR YOUR SUPPORT

With your help, we're forging a better way for health that puts people before profit.

When you browse through our achievements in this report, we hope you are pleased with what we have managed to accomplish in just a year.

I am incredibly proud of our deeply committed team of volunteers and staff as they expose questionable practices in global health, champion good science and evidence-based medicine, and shine a bright light on positive health solutions.

Despite the many obstacles thrown at us at every step, we have managed to get our messages heard and seen by millions of people around the world. These messages have quite literally saved lives and continue to do so.

All this takes tremendous effort, creativity and resources – but as you will see in this report, the impact is monumental. We are truly grateful to all of you who have donated to our causes over the last year. None of this would have happened without you.

Your kind contributions will ensure that we continue to stand up for what is right.

With warm wishes

Dr. Tess Lawrie





Please donate to the World Council for Health

World Council for Health (WCH) is a non-profit initiative for the people, that is informed and funded by the people. Our global coalition of health-focused organizations and civil society groups seeks to broaden public health knowledge and sense-making through science and shared wisdom. We are dedicated to safeguarding human rights and free will

while empowering people to take control of their health and wellbeing. See more about the WCH in this report.



worldcouncilforhealth.org/donate/



The Dancing Mom 1 year ago

Thank you Dr Lawrie for not only continuing to keep your oath to "do no harm" but going above and beyond to fight for the truth. The human race is indebted to you! Please don't give up. The more people that know, the more lives you save!







Dianne Guthrie 1 year ago

On behalf of regular folks, many of us who have lost loved ones to Covid, I thank you from the bottom of my heart for putting bias and financial gain aside in an effort to bring this drug to world attention where it apparently belongs. I sincerely hope you will continue your efforts. I have been reading and studying the articles/studies presented about Ivermectin for a number of months ...



Christine Chin 1 year ago (edited)

"Please may we start saving lives now?" got me crying Thank You Dr Tess

B 27 57



▼ 1 reply



WHY ARE WE HERE?



EXISTING HEALTH PROVISION...

is disease-centric, profit-driven and inequitable.

There is a lack of independent and objective evaluation of interventions and technologies that affect public health and wellbeing. This is an ethical issue and it is imperative that senior-level decision makers are held accountable.

WHAT'S IN THE NAME?

EbMCsquared CIC takes its name from our original company, the Evidence Based Medical Consultancy (EBMC Ltd.). Noting the connection with Einstein's famous equation $E=MC^2$ (energy = mass times the speed of light squared), we recognise that in transforming health, the energy needed is derived from we the people and our increasing awareness of the need for change.



FOUNDER - DR. TESS LAWRIE



ABOUT DR TESS LAWRIE

Tess established the non-profit EbMCsquared CIC in March 2021 to meet the need for sense-making, public safeguarding, and independent health guidance in the face of high-level corruption around Covid strategies and interventions that impact public health.

Tess has also been the CEO of the Evidence-Based Medicine Consultancy Ltd since September 2013.

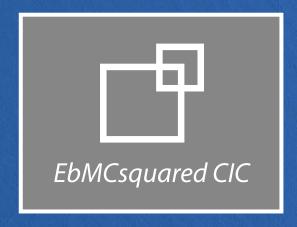
Her range of research expertise, based on clinical and research experience in both developing and developed countries, uniquely positions her to design and evaluate research for a variety of healthcare settings.

Tess is a frequent member of technical teams responsible for developing international health guidelines. Her peer-reviewed publications have received in excess of 5000 citations; her ResearchGate score is among the top 5% of ResearchGate members.

Tess is dedicated to serving humanity by improving health for everyone.



ORGANISATION FLOW



Setting the Environment for Change



Empowering, educating and promoting best practice



Expanding the use and approval of repurposed medicines and/or integrated therapies



OPERATING METHOD

HOW DO WE DO WHAT WE DO?

Collaborate with and harness expertise from diverse independent international experts to integrate science and wisdom.

Conduct and synthesise cutting edge research on new and emerging disease, health threats and potential solutions.

Empower health practitioners, people and communities through health education and sensemaking through social media, conferences, online platforms and other outreach.

Develop new approaches to health and life to raise individual and collective integrity and resilience.



AFFILIATES

125+ AFFILIATE ORGANISATIONS





































Orthomolecular Medicine

Ippocrate0rg^{...}



A SELECTION OF OUR AFFILIATES



STRENGTH IN NUMBERS

Over 125 organisations have joined us as affiliates or active partners in our efforts. Together we reach hundreds of thousands of people and we can do so much more.















ESTABLISHED 2021





























BIRD INTERNATIONAL



PEOPLE POWERED

From our first crowdfunding campaign, we have always been humbled by the generosity thousands of people have shown us through donations and other support.

A shared vision for health freedom is a powerful one and we are proud to have so many people around the world who are committed to seeing the right result for all.

We are truly for the people and by the people.



ENGAGEMENT

The BiRD campaign would not have been possible without the generous support of the many individuals who have donated much-needed funds, and volunteered to help spread the positive message of ivermectin. Over the course of the year, countless letters have been written to local politicians and doctors, based on the letter templates we provided on our website. Amazingly, our volunteers offered to translate important resources, like the "BiRD flyer", into various languages, including Spanish, Italian, Bengali and Swedish. Subsequently, thousands of our flyers have since been printed and distributed around the UK and countries across the world.

Thank you to all our fantastic supporters for their generosity and dedication!

FLYER TRANSLATED INTO

11

LANGUAGES







SOCIAL MEDIA

In the first few months we built a large and engaged following of 20,000 on Twitter. In October, our account was removed without warning.

We set to work building a new channel on Telegram and have managed to surpass the previous numbers with 25,000 subscribers, ensuring the message reaches everyone.

We will not be silenced!



25,000 SUBSCRIBERS

ENQUIRIES

Our small but dedicated team has responded to countless requests for information and advice from the public.

Queries ranged from questions about the evidence base of ivermectin, to interview requests and help in convincing friends and family, local MPs and other officials of the benefits of using ivermectin as part of early treatment for Covid-19. The team also gratefully received a large number of encouraging emails expressing appreciation for BiRD's tireless work in advocating for the use of ivermectin in Covid-19.





IVERMECTIN CONFERENCE

THE FIRST INTERNATIONAL IVERMECTIN FOR COVID CONFERENCE

In just a few weeks, we organised the First International Ivermectin for Covid Conference that was held on Zoom Saturday 24th to Sunday 25th April 2021.

We hosted 11 expert medical practitioners and researchers from across the globe who presented to 1,000+ attendees, sharing their knowledge and day-to-day experience of ivermectin's effectiveness in the prevention and treatment of Covid-19. After the event, we built a dedicated web page with access to watch all 7 hours of conference talks available.

Speakers included: Dr. Mobeen Syed, Dr. Tess Lawrie, Prof. Pierre Kory, Prof. Hector Carvallo, Mr Juan Jose Chamie Quintero, Mr Andrew Bryant, Dr. David Chesler, Prof. Eli Schwartz, Dr. Wasif Khan, Dr. Manjul Medhi, Prof. Matjaž Zwitter.

Sent: 15 April 2021 12:25

To: TherapeuticsTaskforce <TherapeuticsTaskforce@dhsc.gov.uk>
Cc: c.whitty@nhs.net; jvt@nottingham.ac.uk
Subject: The International Conference on Ivermectin for Covid-19, 24 & 25 April 2021

Dear members of the Therapeutics Taskforce,

We would hereby like to invite you to the first ever **International Conference on Ivermectin for Covid-19**. This is a medical conference on the most up-to-date RCT and real-world data on the repurposing of ivermectin for covid-19.

The conference will be held on a virtual conference platform and will feature an exciting programme of international medical and research experts including Prof. Pierre Kory, Prof.Hector Carvallo, Mr. Juan Jose Chamie Quintero, Mr. Prof.Hector Carvallo, Mr. Juan Jose Chamie Quintero, Mr. Andrew Bryant, Dr Tess Lawrie, Dr. David Chesler, Prof. Eli Schwartz, Dr Wasif Khan, Dr. Gustavo Aguirre-Chang, Dr. Manjul Medhi, and Prof. Matjaž Zwitter.

1000+ ATTENDEES

11 SPEAKERS







The First International Ivermectin for Covid Conference 24th to 25th April 2021 | Online

24 April 2-6pm GMT | 3-7pm BST 25 April 2-6:15pm GMT | 3-7:15pm BST

The first ever conference focusing on the use of ivermectin (IVM) as a prophylaxis and treatment for covid-19.





SYSTEMATIC REVIEW

After months of research, in June 2021 we published our comprehensive systematic review and meta analysis to inform guidelines for using ivermectin in clinical settings.

This type of research is considered the 'gold standard'.

The review included 24 randomised trials conducted in 15 countries among more than 3400 people worldwide. It proved that infections and deaths are dramatically reduced when ivermectin is administered.

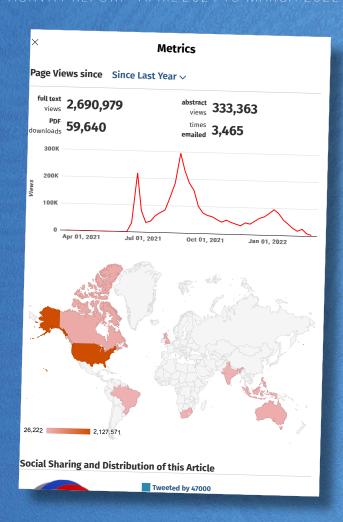
Published in the American Journal of Therapeutics, the most rigorous statistical standards were applied by our experienced author team.

We gave it a full PR launch and created a mini-site to make sure the findings were seen by as many people as possible; the results were impressive:

- ♦ 2.6 million full text views
- ♦ Ranked 7th out of 20,432,000 articles







RANKED #7 OF 20.4 MILLION **ARTICLES**

We should follow the science. The evidence is clear; ivermectin works.

Dr. Tess Lawrie

American Journal of Therapeutics 28, e434-e460 (2021)

OPEN

Ivermectin for Prevention and Treatment of COVID-19 Infection: A Systematic Review, Meta-analysis, and Trial Sequential Analysis to Inform Clinical Guidelines

Andrew Bryant, MSc,^{1*} Theresa A. Lawrie, MBBCh, PhD,² Therese Dowswell, PhD,² Edmund J. Fordham, PhD,² Scott Mitchell, MBChB, MRCS,³ Sarah R. Hill, PhD,¹ and Tony C. Tham, MD, FRCP⁴

Background: Repurposed medicines may have a role against the SARS-CoV-2 virus. The antiparasitic ivermectin, with antiviral and anti-inflammatory properties, has now been tested in numerous clinical trials.

Areas of uncertainty: We assessed the efficacy of ivermectin treatment in reducing mortality, in secondary outcomes, and in chemoprophylaxis, among people with, or at high risk of, COVID-19 infection.

Data sources: We searched bibliographic databases up to April 25, 2021. Two review authors sifted for studies, extracted data, and assessed risk of bias. Meta-analyses were conducted and certainty of the evidence was assessed using the GRADE approach and additionally in trial sequential analyses for mortality. Twenty-four randomized controlled trials involving 3406 participants met review inclusion.

Therapeutic Advances: Meta-analysis of 15 trials found that ivermectin reduced risk of death compared with overmectin (average risk ratio 0.38, 9% confidence interval 0.19-0.73; n = 2438; 1? = 2438; 1. = 2438;

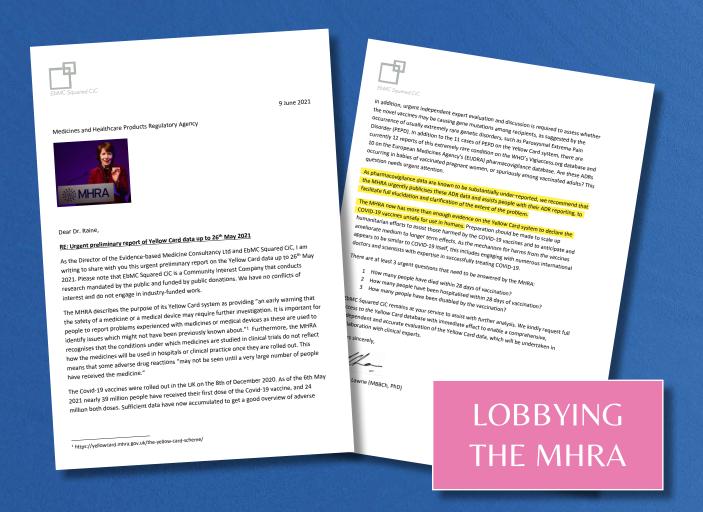
Population Health Sciences Institute, Newcastle University, Newcastle University, Newcastle University, Newcastle University



LOBBYING GOVERNMENT

Letter to Dr. June Raine, Chief Executive of the Medicines and Healthcare products Regulatory Agency

June 2021: Dr Lawrie shared an urgent preliminary report on the Yellow Card data up to 26th May 2021.



As pharmacovigilance data are known to be substantially under-reported, we recommend that the MHRA urgently publicises these ADR data and assists people with their ADR reporting, to facilitate full elucidation and clarification of the extent of the problem.

The MHRA now has more than enough evidence on the Yellow Card system to declare the COVID-19 vaccines unsafe for use in humans. Preparation should be made to scale up humanitarian efforts to assist those harmed by the COVID-19 vaccines and to anticipate and ameliorate medium to longer term effects. As the mechanism for harms from the vaccines







January 2021

LOBBYING PM BORIS JOHNSON



The Rt Hon Boris Johnson, MP, Prime Minister, Office of the Prime Minister, 10 Downing Street, London SW1A 2AA

EVIDENCE LETTER

April 2021

19th of April, 2021

Dear Prime Minister,

Following months of fruitless correspondence with members of your cabinet and government health agencies, we appeal to your reason and common sense by urgently informing you of the growing body of evidence on the effectiveness of ivermectin for the prevention and treatment of covid-19. Ivermectin could prove to be a very useful tool that, in combination with other measures, could once and for all put a

In this letter, we are thus sharing with you the most up-to-date and scientifically rigorous evidence on ivermectin for covid-19. We have attached the following documents:

- 1. Evidence-to-Decision Framework of the British Ivermectin Recommendation Development (BIRD)
- 2. Executive Summary of the BIRD meeting proceedings
- 3. Systematic review and meta-analysis on ivermectin for covid-19

The British Ivermectin Recommendation Development (BIRD) Meeting was held on Saturday 20th February 2021 via Zoom from Bath, United Kingdom. The expert panel of 65 health and allied professionals and other stakeholders included representatives from 16 countries, including the United S The ethos of the BIRD meeting was that of scientific rigor and transparency in th collaboration towards a common goal - that of saving lives. worldcouncilforhealth.org/donate/

The recommendation was developed as



LETTERS TO GOVERNMENTS



Hon. G. Wayne Panton, JP, MP Email: wayne.panton@gov.ky

Hon. Sabrina Turner, MP Ministry of Health and Wellness Email: health&wellness@gov.ky; sab Dr John Lee, MD, Chief Medical Offii Email: <u>john.lee@Rov.ky</u>

Health Services Authority info@hsa.ky

Honorable Sir or Madam,

The Evidence-Based Medicine The Evidence-Based Medicine I research company that contril evaluation of medical evidence Care Alliance (FLCC) Alliance renowned, world-expert clinic develop and disseminate the

We understand that the We understand that the widespread implementation vaccinated has been challed sufficiently effective agains the pandemic must involve the pandemic must be pandemi the pandemic must involve result, which will help prev

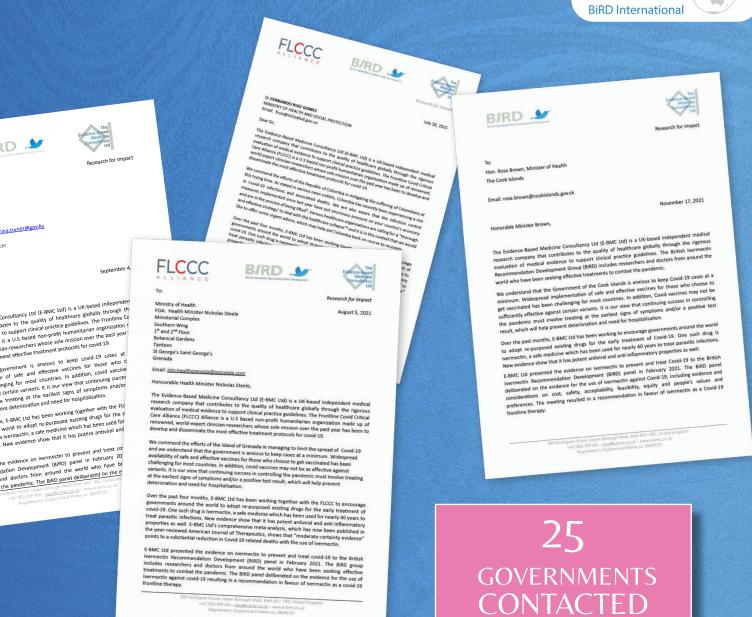
Over the past four month governments around the covid-19. One such drug i treat parasitic infections properties as well.

E-BMC Ltd presented to Ivermectin Recomment Includes researchers in treatments to combat

Together with our partner the FLCCC, we wrote to governments around the world, asking them to consider using ivermectin to reduce the impact of the pandemic.

We contacted 25 adminstrations including Australia, India, Sri Lanka, Jamaica and Mauritius. The letters contained a pressing recommendation to use ivermectin for treatment of Covid-19. We believe that our statements played a critical role in the development of treatment quidelines in several countries, including India.





An excerpt from one of our letters:

Ivermectin's ability to beat Covid-19 can be evidenced in many parts of the world, including the Dominican Republic, India, Zimbabwe and South Africa, as well as in other African countries where mass administration of ivermectin against parasitic infections is practiced.





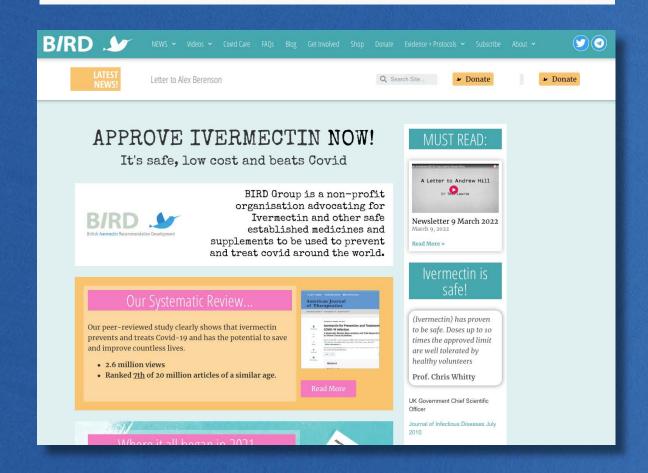
BIRD GROUP WEBSITE

The BiRD website launched in April 2021, with information and updates on Covid care and our work to approve ivermectin.

It has been a phenomenal success, providing the world with a source of honest, science-backed information, as well as practical advice for practitioners and individuals.

- ♦ 3.6 million page views
- Over 600,000 unique visitors
- ♦ 10,423 subscribers
- 25 newsletters
- ♦ 180,000 emails

180,000 EMAILS



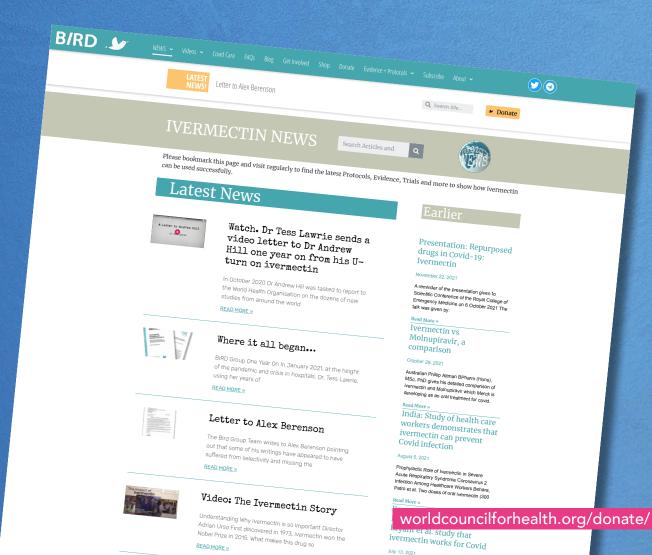




8,400
NEWSLETTER
SUBSCRIBERS

3.6 MILLION PAGE VIEWS

600K+ UNIQUE VISITORS





PROTOCOL PUBLISHING

Aside from publishing our own research, we have helped many other doctors and health experts publish their protocols for treating and preventing Covid-19.

Besides providing professional graphic design, we also made their protocols available to the public on our website.

COVID-19 PROTOCOL



Lucy Kerr, Director of International Affairs of Doctors for Life- Brazil, (Doctors for Life)

Therapeutic Ivermectin Protocol

Increasing the dose of Ivermectin in the disease is necessary because now the drug will have to inhibit, in addition to the ACE2 receptor, the multiple molecules of Importins α and β to avoid the nuclear import of viral material. And ivermectin acts by occupying the Importin α and β receptor that would be used by the viral material, requiring many more molecules of the drug. Also in the inflammatory proteins or proteases, including the 3 worst: PL-pro, 3CL-pro and SUD. So, we need more molecules to do this blockade. And we need more IVM molecules time I use 3 to 5 times the label dose.

for its anti-inflammatory and anti-platelet and antiaggregator function of red blood action (anticoagulant), which has allowed to dispense heparin use, even in moderate cases. The increase IVM starts with 3 times the label dose and extends up to 10 times if the patient is extremely sick and obese. The more obese the patient, the more we will have to increase phase, IVM will neutralize and/or block 52 toxic viral the dose, as ivermectin is avid for the adipose tissue, which competes for IVM with cells that are being infected by the virus and need the drug. Most of the

Ivermectin

= from 0.6mg to 1g/kg of weight for 5 to 10 days, increasing the dose up to 1.5 g/kg of weight - depending on the evolution. And it can reach 2g/kg if needed. I only administer antibiotics if the patient has a fever, due to unpleasant side effects, often with vomiting and malaise. Increasing the dose of IVM allows the use of its antibiotic effect (bacteriostatic, to be more precise), avoiding the use of toxic antibiotics in the initial phases, without infection, in addition to the anti-inflammatory, anticoagulant and immune modulating effects.

Vitamin C

with rose hips time release 1g (INTERNAL USE), 2 tablets twice a day

50mg (internal use) - 1 tablet a day

Vitamin D3

10,000 IU (internal use) - 1 tablet (gelatinous capsule and oily content) per day during a meal.

Quercetin

500mg - 1 tablet a day

Melatonin

5mg - 1 tablet a day 30 minutes before bedtime

Acetylcysteine

600mg granules - 1 sachet of 5g diluted in 250ml of water, 30 minutes before bedtime

100mg - only if the patient needs antibiotics, 1 tablet every 12 hours

I check how the D-Dimer and fibrinogen are doing before prescribing the heparin:

40mg/0.4ml- Injectable solution (10un of 0.4ml) once a day



TREATMENT PROTOCOL

Treatment of

Covid 19 using

Quadruple Therapy

Martin Gill and Dr Jackie Stone

Inpatient and Outpatient Medication Protocols Honduras' Multi-Mechanism Approach to COVID-19 Therapy

Government of Honduras multi-drug COVID-19 inpatient and outpatient treatment protocols. Introduction of this protocol was associated with a case fatality rate decrease from 9.33% to 2.97%.

	cuo)		Duration	Comments
Inpatient (CATRACHO)		Dose	5-7 days	May substitute
Intervention	anti-inflammatory	0.2-0.4 mg/kg IV daily	5-7 days	methylprednisolone (1 kg/day divided every 6
Dexamethasone		Its every 12 hours	5 days	Adjust for renal function
Colchicine	Anti-inflammatory	first day, then 0.5 mg orally every 12 hours	Once. May repeat X 1 in	Second dose for wors acute phase reactant
	Anti-inflammatory	4-8 mg/kg IV	days if inadequate response	ventilation parametr
Tocilizumab	Immunomodulation	200 micrograms/kg orally o	n S days	
Ivermectin	(IL-6 inhibition)	a full stomach 50 mg q 12 hours	10 days	
Zinc	Anti-viral Anti-viral	500 mg po q day	5 days 14 days	Alternative apixab
Azithromycin Low molecular	Anticoagulant	1 mg/kg every 12 hours subcutaneously	until no longer req	
weight heparin Hi flow oxygen	Oxygenation	Pulse cometry above 925		

	Outpatient - WA	Zinc		Duration	
	MAIZ - Mouthwash, Aziting	.,	Dose	7 days	
١	Intervention		a	7 00)-	
1		Wut-sehar	swallowing) and 2 nasal sprays every 6 hours		
	0.25% + Hydrogen peroxide		500 mg po q day	5 days	
	musele	Anti-vital		5 days	
	Azithromycin	Immunomodulation	200 micrograms is	rin Vs Moi	ATTOTO AVI
	Ivermectin	Lacrada		rin Vs Mol	PMALIWAY.

		Phillip Alunan		
		Filmir	Molnupiravir	
		Ivermectin Safely used for more than 30 years (4 billion doses) for various parasitic infections, included in doses) for various parasitic infections, included in the control of the con	Initially researched >20 years ago but abandoned due to potential mutagenic properties (pharmaceutical company page 1 age transformed into a	
	History	doses) for various the WHO List of Essential Drugs. Discovered the WHO List of Essential Drugs. Discovered the Nobel Prize for Medicine in 2015.	pro-drug for Covid	
	Mechanism of	Antiviral properties against a number of RNA viruses. Possible mechanisms include: interferes with the entrance and replication of SARS-CoV-2 into human cells, competitive binding of into human cells, competitive binding of ivermectinwith the host receptor-binding region of SARS-CoV-2 spike protein, interference with of SARS-CoV-1 spike protein.	Wide spectrum antiviral. Inhibits vivi propagation through lethal mutagenesis by introducing errors in the viral genome (1.2)	
		mechanisms-	Claimed to be the first oral antiviral medication for treatment of COVID-19	
	Proposed use for COVID-19	19 in both vaccining populations.	nan Not approved yet	
Approved use			/ based on a single clin	

NATURAL IMMUNITY and COVID19.

By Dr Sharon Lawrence BChD

I am a retired Dentite sub-special interest in marketin and Beliafe Beslift. There also trained in anomalorancy and sound discript. Decime inversible of the property of the prope

NATURAL IMMUNITY is our body's natural system of protection against microorganisms including bacteria, fungi and viruses. This means we can microorganisms including bacteria, fungi and viruses including Covid19 (1), Thores, protect ourselves against any number of viruses including Covid19 (1), Thores, is a considerable volume of science showing how dietary and times system(3) as a considerable volume of science showing to a considerable volume of science showing to covid a covid a covid and covid a covid and covid and covid and covid and covid a covid and covi

Many fruits and vegetables are natural immunity superfoods and of the control of

SUPPLIMENS:

A variety of studies have shown that high-dose oral supple a variety of studies have shown that high-dose oral supple of infections. Zinc (23) (24) est appeally important as it possible or the studies of infections. Zinc (23) (24) est appeally important as it possible or supplementary system.

A systematic review and meananalysis of 43 studies individually supplementary on consider include essential infection in sk, mortality and severity of COVIDIS higher fined on supplementary and severity of the supplementary of consider include essential infection of the supplementary of the supplementary and balances (modulates) the supplementarion of modulates in supplementarion of modulates in supplementarion of modulates in broad to a supplementary of the supplementarion of controls, broadcain and Vitami, and found to be protective against Covid19(32).

IFRAI REMEDIS and Less

trial, and found to be F HERBAL REMEDIES and teas HERBAL REMEDIES and Pelargonium(33) can be talk Tobinacea and Pelargonium(30) can be talk Tobinacea and Pelargonium(30) can be talk Such as Echinacea and Pelargonium(33) can be rai such as Echinacea and Pelargonium(33) can be rai immune system or at the first signs of iliness, such immune system or at the first signs of iliness, such Echinacea and Saint Johns Wort were tested togs. Echinacea and Saint Johns Wort were tested togs antiviral effect against SARSCOV2 and showed sh

😨 IppocrateOrg 🗝

PREVENTION & EARLY AT-HOME TREATMENT PROTOCOL FOR COVID-19

PREVENTION PROTOCOL

For adults > 18 years and >40 kg/90 lbs

Vitamin D3 4000IU (50 mcg) daily

1 gram daily Quercetin Up to 250mg x 2/day

Lactoferrin Up to 200 mg x 2/day

EARLY AT-HOME TREATMENT PROTOCOL For adults > 18 years and >40 kg/90 lbs

24 mg - daily for 5 days

In the setting of poor clinical response, advanced disease or obesity, higher doses should be used (target 0.4–0.6 mg/kg) y
Melatonin

6 mg at night for 5 days Aspirin (ASA)

80 mg/day (unless contraindicated)

Corticosteroids
Starting from the fourth day in case of persisting

Heparin 4000 (IU daily for 7 days)

Colchicine),5 mg twice ovidone/i oray 1,25%

oto

Antiseptic mouth wash
Three times daily (gargle do not swallow); if available

"Where Ivermectin is not available it can be substituted with one or more of the following drugs:

of chical experience only and thus is meant only for educational purposes to health schemes accounts for Long Heal COVID-19 COVID-19 Treatment Protocol Dr. George Farced and Dr. Brian Tyson

DISCLAIMER

DISCLAMER

This provood is bone of clinical experience only and thus is meant solely for educational purposes to health care provider experience only and thus is meant solely for educational purposes to health care provider on consequence of the control providers of the

Please note the suggested dosages are for adults.

Hydroxychloroquine (HCO) Zinc sulfate 220 mg (or ele # 15

NATURAL IMMUNITY and COVID19.

of potency; I/ Saint Johns Wort 2/ Saint Johns Wort /Ethinacca combined 3/ Echinacca. (35)
Black-elderberry may also be useful in reducing the duration of colds and fut(36)
Liquorice balance in timunus system, is a natural annivation of the immunity of the properties of the origin duration coronavirus, in infected cells of control of the colds of the control of the composition of the colds of the control of the colds of the colds

immune support and is a natural antiviral (39). A "docking" study indicates A clinical study found a 55% reduction in Covid19 positive tests among

COVID-19 PROPHYLAXIS PROTOCOL

Low Risk Patients

Cow risks raties in Voug healthy speple do not need prophylaxis against Covid 19. In young and healthy people, this infection causes mild cold-like symptoms. It is advantageous for these patients to be exposed to Covid-19, build up their antibodies and have their immune system clear the virus. This will facilitate the development of herd immunity and help prevent future Covid-19 pandemics. However, if these patients desire prophylaxis against Covid-19, then they should take the protocol noted below.

Vladimir Zelenko M.D.

Moderate Risk Patients

Patients from this category are healthy but have high potential viral-load exposure. This group includes medical personnel, caregivers of high-risk patients, people who use public transportation, first responders and other es-sential personnel who are crucial to the continued functioning of society. These patients should be encouraged to take prophylaxis against Covid-19 in accordance with the protocol noted below.

Patients are considered high risk if they are over the age of 45, or if they are younger than 45 but they have comorbidities, that is, they have other health conditions that put them at risk. These patients have between a 5 to 10% mortality rate if they are infected with Covid-19. These patients should be strongly encouraged to take prophylaxis against Covid-19 in accordance with the protocol noted below.

Protocol for Low and Moderate Risk Patients:

Vitamin C: 1000mg 1 time a day

Quercetin: 500mg 1 time a day until a safe and efficacious vaccine becomes available. If Quercetin is unavail-able, then use Epigallocatechin-gallate (EGCG) 400mg 1 time a day

Protocol for High Risk Patients:

Vitamin D3: 5000iu 1 time a day

Hydroxychloroquine (HCQ): 200mg 1 time a day for 5 days, then 1 time a week until a safe and efficacio vaccine becomes available. If HCQ is unavailable, then use the Protocol for Low and Moderate Risk Patients.

References
1.Https://Www.Ncbi.Nlm.Nih.Gov/Pmc/Articles/PMC7365891/
2.Https://Www.Ncbi.Nlm.Nih.Gov/Pmc/Articles/PMC7318306/

3.Https://Pubs.Acs.Org/Doi/10.1021/Jf5014633 4.Https://Www.Preprints.Org/Manuscript/202007.0025/V1

Prophylaxis is an action taken to prevent or protect against a specified disease. Greek in origin, from the word "phylax", meaning "to guard" and "watching."

IMPORTANT: You must not rely on the information here as an alternative to medical advice from your doctor or other professional healthcare provider and if you have any specific questions about any medical matter, you should consult you doctor or other professional healthcare provides

rcisc(42) is crucial for a healthy immune system and counters the effects of chich is important as severe Covid19 and deaths are linked to older age groups. The creates to strenuous exercise significantly lowers the risk of severe Covid10 and by reviewing 48,440 adult patients with a covid19 diagnosis(44).

rificant influence on immune function(45). Diet(46) and lifestyle help to in and hence promote nearth of the control of the co

D in the skin (vitamin D is poorly available from food). The major lequate exposure to sunlight. Vitamin D deficiency in the winter us that triggers influenza outbreaks in the winter. An estimated 1D deficient.(47)*

NCFS.

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VladimirZelenkoMD.com



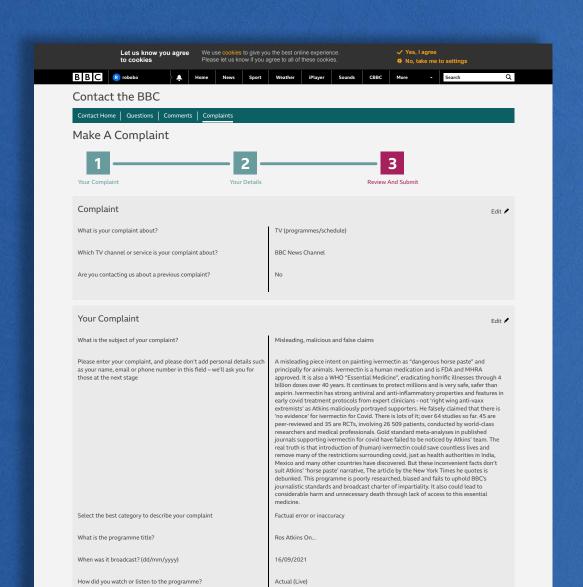
REBUTTALS & COMPLAINTS

One of our most important and labour-intensive tasks is addressing misinformation from media, governments and even other scientists.

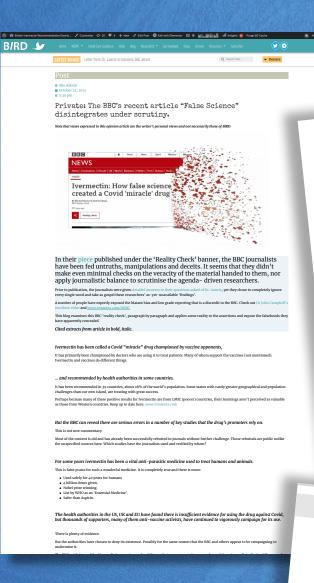
We have produced over 15 letters and other rebuttals to journals challenging incorrect writings.

As yet, not one of our rebuttals has ever been challenged back by the authors.

Many Big Media channels were, for a time, generating misinformation in large quantities. Tackling this was an immense challenge, however we raised complaints wherever possible.







15 JOURNAL **AND PRESS REBUTTALS**



24th February 2022

... We agree that

Dear Alex Berenson,

The British Ivermectin Recommendation Development Group International (BiRD International, www.bird-group.org) is a grassroots crowd funded initiative that brings together clinicians, health researchers and patient advocates with the aim of getting ivermectin and other early treatments approved for Covid-19. ivermectin and other early treatments approved for Covid-19.

On behalf of our international partners, members, and supporters, we would like to state that we are generally in alignment with your critical observations in relation to the Covid-19 public health measures. However, based on your recent published contributions on ivermectin, we are concerned about the negative bias demonstrated contributions on ivermectin, we are concerned about the negative bias demonstrated against the evidence on ivermectin for Covid-19, to which we would like to respond.

In citing a single study¹, you conclude that ivermectin is of no benefit in the treatment of Covid-19. This is surprising, given that, as an experienced science-writer, you will be aware that to justify a particular treatment or course of action, one cannot pick-be aware that to justify a particular treatment or course of action, one cannot pick-be and-choose studies but must look at the **entirety of the evidence-base**. This newly and-choose studies but must look at the **entirety of the avidence-base**. This newly published study has several limitations, among these are that it was conducted only among high-risk patients with co-morbidities, was open-label and provides no among high-risk patients with your level of scientific expertise will surely affunding statement. A journalist with your level of scientific expertise will surely as funding statement. A journalist with your level of scientific expertise will surely as funding statement. A journalist with your level of scientific expertise will surely as funding statement. A journalist with your level of scientific expertise will surely as funding statement. A journalist with your level of scientific expertise will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. A journalist with your level of scientific expertises will surely as funding statement. triggered before the treatment was complete.

There is now a huge body of evidence on the use of ivermectin for Covid-19, including systematic reviews and meta-analyses, country case studies, and most importantly, qualitative data on doctor and nations experiences. and inerconstant reviews and inercontainty see, country to qualitative data on doctor and patient experiences.

We find it strange that some journalists have taken it upon themselves to step between the public and independent doctors by giving their opinions on the evidence. Whilst the public and independent doctors by giving their opinions on the evidence. Whilst the public and independent doctors by giving their opinions on the evidence. Whilst the public and independent of the public and independent



Making Sense of the Science

Early Treatment of COVID-19 with Repurposed Therapies: The TOGETHER Adaptive Platform Trial

McMaster U. PUC Mina

Not published, preliminary report 12 August

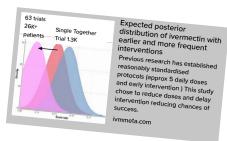
Sponsored by Bill /Mellinda Gates Foundation: owners of GAVI the vaccine alliance. Noted that they are developing an alternative profit-based preventative medicine

More studies into ivermectin are always welcome and this medium size (1300 participants) non-peer reviewed study adds to the bank of knowledge that suggests participants) non-peer reviewed study adds to the bank of knowledge that suggests that late and low-frequency treatment with ivermectin has a minor effect. This is not

Given that ivermectin is widely available in Brasil, the researchers didn't check to see if participants had previously taken it, which could have easily skewed the results.

We would have also liked to have seen an attempt to follow the dosing-regime from We would nave also liked to have seen an attempt to lollow the dosing-regime from well documented protocols for earlier intervention which could not only have shown improved result and actually helped the health of those participants. By their own

Interestingly, these flaws were pointed out to them in the early stage by experts in



See over for more analysis>>



The principle aim for Bird Group and the FLCCo The principle aim for Bird Group and the FLCCU everywhere. The evidence across many studies as medical professionals it is our duty to ensure to More information at bird-group.org and flccc.net worldcouncilforhealth.org/donate/



IVERMECTIN - JUDICIAL REVIEW

BiRD International has been supporting an application for a Judicial Review that will determine if the Government's position against ivermectin was justified and given the appropriate due process.

Please note that this application is presently on hold while we await further developments

How does it work?

The claimant sets out a statement of facts and grounds and supporting evidence. The defendant puts in a defence. A judge considers these, initially to decide whether there is a case to be heard, with prospects of success. Given 'permission' the case goes on, with more detailed preparation from both sides, to a final hearing when the judge hears submissions from both sides (not from witnesses) and issues a judgment. Proceedings are in the Administrative Court, which is part of the High Court of Justice.

Historically, people could go to the King or Queen and seek remedies to remedy injustice. It's about equitable remedy. Even today Judicial Review claims are referred to as brought by The King on behalf of the claimant.

What is a Judicial Review?

A Judicial Review is a way of challenging decision making of public bodies, to bring them to account. JR deals with challenges against unlawfulness and provides remedies such as a declaration of unlawfulness, orders to do something or not to do something, sending the decision back for a fresh decision with the benefit of judicial guidance as to where the decision making went wrong, setting aside decisions reached.

Why choose a Judicial Review for ivermectin?

A Judicial Review is not about damages, but about decision making. So where one wants to argue that the Government is behaving wrongly, one can apply for judicial review to get the court to adjudicate. Currently, the Government does not authorise the use of ivermectin for human use or to treat Covid-19. So it is very hard to get in the UK and not available for doctors to prescribe. Judicial Review is a route to force the Government to change its approach.





What are you claiming on the Judicial Review? What evidence is there?

That faced with a pandemic, even though the evidence of efficacy of ivermectin may not be proven to a very high level it is very safe and very cheap, so it doesn't make sense not to make it available. There is evidence that it is effective, both from clinical trials and from experience of use generally in various parts of the world. Even though some of the evidence is based on poor quality research, that shouldn't alter the fact that it appears to be effective, doesn't cause harm, and costs very little. Faced with that, the Government is not acting reasonably or rationally and double standards were applied with the approval of newly developed, less safe, drugs.

How important is the quality of evidence for this process?

The argument is over the balance of efficacy vs. harm. The less evidence of harm, on the one hand, and more sound evidence of efficacy on the other, makes it more obvious how irrational it is not to have ivermectin available for use in the UK. No reasonable person in their right mind would ignore it. The better the quality of evidence, the more difficult it is to ignore.

What has happened so far? What is yet to happen?

This case is still at pre-action stage and we are trying to ensure that there is a good enough case to proceed to court, if the Government won't change its approach.

Please note that this application is presently on hold



WORLD IVERMECTIN DAY

In July 2021, BiRD shared an important message with the world.

A message everyone deserves to hear:

Covid-19 is treatable and ivermectin is the key.

This was celebrated with World Ivermectin Day - a people-powered day showcasing proof and success stories.

Created in just a few weeks by a team of volunteers, World Ivermectin Day featured talks and discussions from dozens of contributors. Experts from all over the world informed and educated the public about ivermectin and the challenge to get it approved for the treatment of Covid.

WORLD
IVERMECTIN
DAY
24 JULY 2021
worldivermectinday.org

Content included presentations, expert panels, moving testimonials and test-yourself quizzes that are still available to millions online at www.worldivermectinday.org

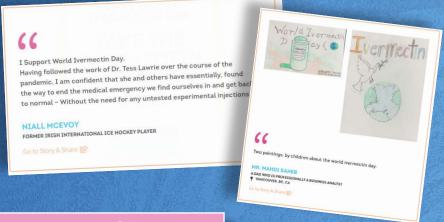
The decentralised and grassroots nature of the day inspired individuals to organise their own live meetings and activities across the globe and clocked up 300 million web impressions, half a million minutes of video watched and 10,000 mentions on social media.

The day even trended on Twitter!

Contributors: Dr Pierre Kory (United States), Dr Ira Bernstein (Canada), Dr Sabine Hazan (United States), Dr Pinky NJ Ngcakani (South Africa), Dr Wahome Ngare (Kenya), Dr Hector Carvallo (Argentina), Dr Lucy Kerr (Brazil), Dr Flavio Cadegiani (Brazil), Dr Juan Bertoglio 10,000 SOCIAL MEDIA MENTIONS

(Chile), Dr Matjaz Zwitter (Slovenia), Juan Chamie (United States), Prof. Nathi Mdladla (South Africa), Dr Homer Lim, Dr Allan Landrito (Philippines), and Dr Priyamadhaba Bahera, Dr Prof. Binod Kumar Patro, Dr Biswa Mohan Padhy, Dr Rashmi Ranjan Mohanty (INDIA)

ACTIVITY REPORT - APRIL 2021 TO MARCH 2022











Showcase Hour 2

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North America Panel: TrialSite News Presents World Ivermectin Day





PILOT COVID CLINIC

COVID CLINIC

We trialled a dedicated Covid care, doctor-staffed online clinic.

During the height of the pandemic, we were receiving a growing number of calls for help and advice on early treatment, which we were not in the position to provide. It became clear that there was an undeniable demand for a service that would offer care and advice on the early treatment of Covid-19.

With extra fundraising through the Ivermectin Approval Club, we were able to do something practical. From August until November 2021, the medical team helped over 120 people with acute Covid-19, Long-Covid and also illness after vaccination (post-Covid Vaccine Syndrome). The clinic was free at the point of contact and consultations were held via video link.



"I experienced the most exceptional care and attention from the Covid care doctor via telehealth. My ivermectin and other prescriptions were sorted promptly and arrived the next day. My anxiety and concerns were immediately alleviated, and I made a full recovery quickly. Thank you!'

DOCTOR-LED

120+
PEOPLE HELPED

'Just to say thank you
very much for your
support during my
Covid infection. The Covid Clinic
was such an important part of
my recovery and the doctor's
expertise and genuine care made
me feel like I was in safe hands.



EVIDENCE TO HEALTH AGENCIES

CONVINCING DECISION MAKERS TO DO THE RIGHT THING

We considered it crucial to supply authorities and decision makers with the full facts on ivermectin.

This was doubly important given the disinformation campaign being waged against the safe, effective treatment. We sent the evidence on ivermectin to:

- ♦ World Health Organisation
- ♦ National Institute of Health (USA)
- ♦ Federal Drugs Administration (USA)
- ♦ Medicines and Healthcare products Regulatory Agency (UK)
- ♦ South African Health Products Regulatory Authority

We also sent comprehensive information to the Canadian and other health authorities in the form of an Evidence to Decision Framework, which is the gold standard for developing clinical practice guidelines.

The evidence pack included evidence and considerations on effectiveness and safety of ivermectin, as well as acceptability, feasibility, resource use and cost-effectiveness, equity implications and people's values and preferences.

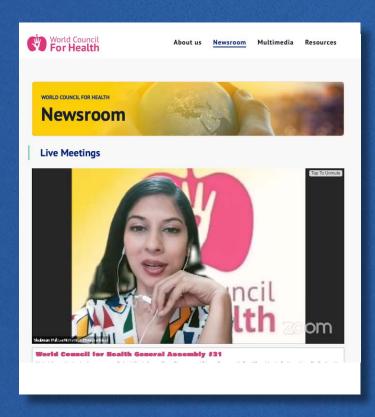


WORLD COUNCIL FOR HEALTH



Following the successes of BiRD and World Ivermectin Day, both of which became worldwide phenomena, World Council for Health was born in September, 2021. This grassroots initiative brings to the table the world's best health advocates, doctors, innovators, and activists fighting to achieve good health for all.

World Council for Health has now become a hugely popular source for health information and its weekly Monday night General Assemblies regularly attracts world class speakers and an audience of several thousand people from across the globe.



40 COUNTRIES REPRESENTED

POPULAR VIEWS

The publications and campaigns have generated huge numbers of views:

- ♦ Stop to vaccines 700k
- ♦ Spike Protein Detox 500k
- Covid 19 Treatment Guide 285k





3.1 MILLION PAGE VIEWS

MISSION STATEMENT

The World Council for Health is a non-profit initiative for the people, that is informed and funded by the people. Our global coalition of health-focused organizations and civil society groups seeks to broaden public health knowledge and sense-making through science and shared wisdom. We are dedicated to safeguarding human rights and free will, while empowering people to take control of their health and wellbeing.



EMPOWERING PEOPLE ON HEALTH

PUBLIC INFORMATION

We are determined to share scientific and common-sense advice with everyone.

Our many flyers offer accessible and sensible Covid prevention and treatment guidance that includes a number of commonly available supplements and medicines - not just ivermectin.

With the help of our talented volunteers, we have translated these flyers into several languages and they remain available on our website.









WORLD COUNCIL IN NUMBERS

- Telegram Followers 33,086
- Telegram Discussion Group 7,440
- Facebook Followers 4,495
- **♥** Newsletter Subscribers 35,000

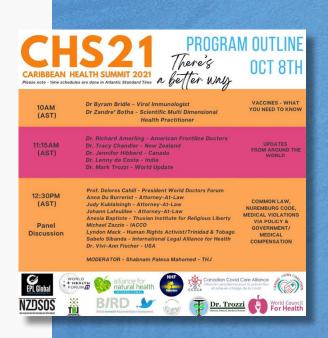




SOME OF THE CONFERENCES WE HAVE SUPPORTED:

- Brazil Conference
- Understanding Vaccine Causation Conference
- Caribbean Conference
- Malaysian Conference.

The Understanding Vaccine Causation Conference was very popular with 300-400 tuning in live for the 7 hour programme.





COVID CARE GUIDELINES





COVID CARE GUIDELINES

A comprehensive Covid and post-vaccine care guidelines document was created in collaboration with doctors around the world.



Remember: Treat Early with a Variety of Therapies

Treat Covid-19 early with a combination of antiviral medicine. anti-inflammatory therapy, anticoagulant medicine, simple immune-supporting therapies, and other medicines that will make you more comfortable during infection.

The medications and therapies you choose will depend on availability in your area. Use a selection of what is affordable and available to you. You don't need to use all of them!

Rest often and stay positive

Remember that the vast majority of people recover from Covid-19. Treat early and get plenty of rest, sunshine, and fresh air to reduce your illness's length and severity. Drink plenty of

Do not be in a hurry to resume your usual activities, e.g., going to the gym and social engagements-doing so may set your recovery back. Rather, allow yourself a full two weeks to recuperate. Contact your doctor if you have any questions or

Consult your doctor or health authority:

- · if you are worried about your symptoms
- · if you are unsure what to do
- · for information on early treatment options

Adults should go to the hospital if they:

- · are short of breath
- are light-headed (this can be a sign of decreased oxygen in your blood)
- · are having difficulty breathing
- are experiencing chest heaviness or pain
- have bluish lips
- Persistent fever, or other symptoms for more than 7 days since onset



MEDIA AND EVENTS

MAKING SENSE...

The EbMCsquared team assisted with the planning and marketing of the Ireland-focused events 'Making Sense.'





Making Sense...

VIRTUAL EVENT

...of the Pandemic Response in Ireland

and Lessons for the Future.

Sunday 30 January 6pm Dublin

Live Panel Discussion

Chair Sara Haboubi

Zoom registration: makingsense.info

Supported by EBMCSquared.org



Prof. Mattias Desmet



Steve Kirsch



Dr. Tess Lawrie



Dr. Michael McConville



Dr. Pete McCullou



Dr. Pat Morrisse



TALKING TO THE MEDIA

We are regularly invited to appear on podcasts and other live shows including the Dana Show and Bret Weinstein's Dark Horse podcast.

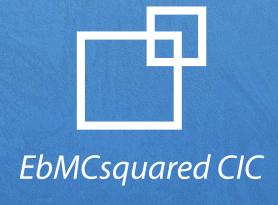
This visibility further establishes us as one of the key voices in the movement for

health transparency and justice.









EBMCSQUARED.ORG BIRD-GROUP.ORG WORLDCOUNCILFORHEALTH.ORG

11 Laura Place, Bath. BA2 4BL



worldcouncilforhealth.org/donate/